



# Women's Forum

**NARAYANA ENGINEERING COLLEGE :: NELLORE**

## ACTIVITIES FOR THE ACADEMIC YEAR 2018 – 19

### SEM-I

S. No	Event / Activity	Date of the Event / Activity	Department	No.of Participants
1.	Women's Equality	20-7-18	EIE	36 Girls, 9 Boys
2.	Women's Role in the Society	4-8 -18	CSE	77 Girls
3.	Improving Interpersonal Skills	10-8-18	ECE	60 Girls, 60 Boys
4.	Protection of girl students against misuse of social media	18-8-18	Mech & Civil	50 Girls
5.	Health Awareness Program on Gynic Problems for Women	24-8-18	EEE	55 Girls
6.	Women's Equality Day	26-8-18	ECE	73 Girls
7.	Awareness program on Importance of nutrition food	28-8-18	EEE	57 Girls
8.	Awareness Program on Women's Health and Hygiene	1-9-18	MCA	44 girls
9.	Women Empowerment	25-9-18	MBA	50 girls
10.	Precautionary measures while travelling	4-10-18	MBA	40 girls
11.	A Safety Awareness Program for Women	6-10-18	MCA	31 Girls
12.	Awareness program on social media bugs for girl students	9-10-18	FED	97 Girls
13.	Awareness Program on Teenage Health issues	11-10-18	Mech & Civil	50 Girls
14.	International Girl Child Day	11-10-18	EEE	75 Girls
15.	Personality Development Program by Rexona Confidence Academy	23-10-18	WOMENS FORUM	57 Girls
16.	Training class for Self Protection for women	5-11-18	MBA	42 Girls
17.	World Cancer Awareness Day	6-11-18	EIE	218 Girls

**AWARENESS PROGRAM ON WOMEN'S EQUALITY**



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1	Name of the Activity/Event	Awareness Program On Women's Equality			
2	Date of Activity/Event	20/7/2018			
3	Organized by/Name of the committee	Women's Forum			
4	Place of Activity/event	Shannon Auditorium, NEC Nellore			
5	Resource person/guest/organization	Mrs. G. Subhadra Devi, Advocate, Balabhavan Director, Rotary South President, Nellore			
6	Type of activity/Event	Gender Equity Program			
7	Activity/Event objectives	1. Awareness program on Women's Equality			
8	Participation	Students		Faculty	Total Participation
		Girls	Boys	5	50
		36	9		
9	General remarks	• There was a good response to this programme from students			
10	Suggested Improvements	Similar programs should be conducted in all the departments frequently.			
11	Enclosures	Circular Report with photos Attendance Sheet			
12	Signature of Incharge/Convener				

### REPORT ON AWARENESS PROGRAM ON WOMEN'S EQUALITY



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Department of EIE has organized an awareness programme titled "WOMEN'S EQUALITY" on July 20, 2018 at Shannon Auditorium on behalf of women's forum of Narayana Engineering College, Nellore. The Resource person of the day was Mrs. G. Subhadra Devi, Advocate, Balabhavan Director, Rotary South President, Nellore. Ms C.V.P.Supra deepthi, Women's Forum Incharge of EIE introduced the resource person to the gathering.

Mrs. G. Subhadra Devi has delivered a speech on laws, marriages, and several sections related to modern women.

She also viewed the status of women in the Indian society is still backward because of the gender inequality. Women also should be given equal rights like men to really empower them. They should not be treated as weak gender of the society as they occupy almost half population of the country so they are half strength of the country.

Women with more patience and efforts they can develop their country well. 36 girls, 9 boys and 5 staff members from EIE department have participated in the event. EIE HOD and staff members felicitated the resource person with a shawl and memento. Ms C.V.P.Supradeepthi proposed vote of thanks.

### Photos:





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Mrs. G. Subhadra Devi delivering the speech



Audience Listening to the speech



Felicitation to the resource person

*INCHARGE*

*HOD*

*PRINCIPAL*



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REPORT ON "WOMEN'S ROLE IN THE SOCIETY"

## "WOMEN'S ROLE IN THE SOCIETY"

1	Name of the Activity/Event	" WOMEN'S ROLE IN THE SOCIETY "			
2	Date of Activity/Event	04-08-2018			
3	Organized by/Name of the committee	Department of CSE under Women's Forum			
4	Place of Activity/event	Room No 321 , A-Block, NEC Nellore			
5	Resource person/guest/organization	Mrs T. Hymavathi , Director, Iris Florts .			
6	Timings of Event	9:30Am to 12:30Pm			
7	Type of activity/Event	Awareness Program			
8	Activity/Event objectives	1. To build awareness of business innovations that accelerate women's empowerment and have a real impact on the quality of life for women, men, families and communities . 2. To identify key actions to address the financing gap for women's empowerment.			
9	Participation	Students		Faculty	Total Participation
		Girls	Boys	03	80
		77	Nil		
10	General remarks	• There was a good response to this programme .			
11	Enclosures	1. Circular 2. Report with photos 3. Attendance Sheet			
12	Signature of Incharge/Convener				



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Narayana engineering college, Nellore Department of C.S.E organized an awareness program on "women's role in the society" under Women's forum, NECN on 04-08-2018 at Room No 321 , A-Block, NEC Nellore.

The objectives of this program are

- Build awareness of business innovations that accelerate women's empowerment and have a real impact on the quality of life for women, men, families and communities .
- To Identify key actions to address the financing gap for women's empowerment.

Dr B.Geetha vani garu HOD of C.S.E addressed the gathering and introduced the Resource person Mrs. T.Hymavathi Msc.B.Ed to the gathering. Later Resource person has given an awareness on "women's role in the society".

The resource person projected the importance of the participation of women in agriculture and the role of women in society in the preindustrial period was remarkably different across ethnicities and strongly related to the type of agricultural technology adopted historically. The sexual division of labor was broadly associated in two technological regimes: shifting cultivation, where the majority of agricultural work was done by women, and plough cultivation, a system mostly dominated by men. In this program she reviewed the literature on the persistent effect of the impact of historical plough use on female labor force participation and fertility today. The girl students of C.S.E department attended the program.

**Photos:**





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Dr B.Geetha vani garu HOD of C.S.E introducing the chief guest



Chief guest delivering the speech



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Audience listening to the speech

**FACULTY INCHARGE**

**HOD**

**PRINCIPAL**





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## A Report on "IMPROVING INTERPERSONAL SKILLS"

1	Name of the Activity/Event	"IMPROVING INTERPERSONAL SKILLS"			
2	Date of Activity/Event	10-8-2018			
3	Organized by/Name of the committee	Department of ECE under Women's Forum			
4	Place of Activity/event	Vishveshwaraya Auditorium, B-Block, NEC Nellore			
5	Resource person/guest/organization	Mrs.A.Praveena,HR,UST GLOBAL,Bangalore			
6	Timings of Event	11.00AM to 12. 30PM			
7	Type of activity/Event	Seminar			
8	Activity/Event objectives	Improving skills inside an individual. Self confidence. Speaking fluently in English during interviews.			
9	Participation	Students		Faculty	Total Participation
		Girls	Boys	15	135
		60	60		
10	General remarks	<ul style="list-style-type: none"><li>• The Resource person were enthusiastic to share their views</li><li>• There was a good response to this programme</li></ul>			
11	Enclosures	Circular Report with photos Attendance Sheet			
12	Signature of Incharge/Convener				



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### A REPORT ON "IMPROVING INTERPERSONAL SKILLS"

Narayana Engineering College, Nellore conducted a seminar on "IMPROVING INTERPERSONAL SKILLS". It was organized by women's forum of the ECE department on 10-08-18 at Vishveshwaraya Auditorium, B-BLOCK. In this session the resource person Mrs.A.Praveena, HR,UST GLOBAL, Bangalore discussed with the students how to improve the interpersonal skills and covered the following topics:

- Cultivate a positive outlook.
- Control your emotions
- Practice to speak in english. ...
- Acknowledge others expertise
- Find one good trait in every co-worker, show a real interest in your colleagues. ...
- Practice active listening
- Get to know yourself. ...
- Be assertive
- Practice empathy

All IV B.Tech Boys and Girls students and faculty members attended to this seminar.



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Photos:



Mrs.A.Praveena addressing the gathering



Mrs.A.Praveena talking about interpersonal skills



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Audience attended the program



Students interaction with the speaker

**FACULTY INCHARGE**

**HOD**

**PRINCIPAL**

**PROTECTION OF GIRL STUDENTS AGAINST MISUSE OF SOCIAL MEDIA**





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## A Report on Protection of Girl students against misuse of social media

1	Name of the Activity/Event	" PROTECTION OF GIRL STUDENTS AGAINST MISUSE OF SOCIAL MEDIA "			
2	Date of Activity/Event	18 - 08 - 2018			
3	Organized by/Name of the committee	Department Civil and Mechanical Women's Forum			
4	Place of Activity/event	James Watt Seminar Hall, A-Block, NEC Nellore			
5	Resource person/guest/organization	Mr. N. Koteswara Rao, Head Constable,Nellore			
6	Timings of Event	10:00 AM to 12:00 Noon			
7	Type of activity/Event	Protection of girl students			
8	Activity/Event objectives	<ul style="list-style-type: none"><li>• To improve awareness in young girls</li><li>• To improve and correct our mistakes in our day to day life</li><li>• To remove Fears and thoughts</li></ul>			
9	Participation	Students		Faculty	Total Participation
		Girls	Boys	03	
		50	Nil		
10	General remarks	<ul style="list-style-type: none"><li>• There was a good response to this program, conduct same type of programs for awareness in young girls specifically.</li></ul>			
11	Enclosures	Circular Report with photos Attendance Sheet			
12	Signature of Incharge/Convener				





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A seminar on the topic “ **Protection of Girl Students against misuse of social media**” was conducted at James Watt Seminar Hall, A-Block, Narayana Engineering college on 18<sup>th</sup> August by Civil and Mechanical departments. The resource person for the program was Mr. N. KOTESWARA RAO, Head Constable, Nellore .

He told that , Now a days youth are getting addicted to social media where misuse is done which leads to falling prey to critical problems which they are not able to solve. In this lecture girl students are enlightened on the possible areas where they might fall as a prey and the chief guest warns to be careful in those particular areas like chatting with known and unknown people by exhibiting their identity and sharing photos, videos etc.

He also spoke on the various ways to identify the guys at starting stage itself and gave many suggestions regarding safety measures to be taken in the law itself. the various sessions in the laws has created much awareness in our students. It was an interactive session and students were asked about the places where they felt safe.

Our resource person N. Koteswara rao also spoke about how the safety app plays a vital role in getting the cases of sexual harassment reported.

Students felt that the seminar was so effective, The seminar also highlighted the laws under which sexual harassment could be reported. Overall the seminar worked as an ice breaking session as it motivated all the young ladies present to talk about any such incident rather than avoiding it or feeling uncomfortable about it. 50 students along with the 3 faculty members were present to the program.

**PHOTOS:**



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Mrs. K. Ragamounika introducing the guest



Principal Dr. G. Srinivasulu reddy talking on the event



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Mr. N Koteswar rao speaking with students



Students listening to the Lecture enthusiastically



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Mr. N. Koteswara rao being felicitated by the Principal, HOD, and staff

**FACULTY**

**HOD**

**PRINCIPAL**



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## "Awareness program on Gynec problems for women"

1	Name of the Activity/Event	Health Awareness program on Gynec problems for women			
2	Date of Activity/Event	24/08/18			
3	Organized by/Name of the committee	Department of EEE under Women's Forum			
4	Place of Activity/event	Edison Auditorium, B-Block, NEC Nellore			
5	Resource person/guest/organization	Dr.K.SUVARCHALA, D.G.O., M.B.B.S., Ramachadra Reddy Hospital, Nellore			
6	Timings of Event	10:10am to 1:00pm			
7	Type of activity/Event	Health Awareness Program			
8	Activity/Event objectives	To bring awareness on 1. Women can suffer from excruciating pain during their menstrual cycles 2. Women Ovarian cysts problems 3. Endometriosis problems			
9	Participation	Students		Faculty	Total Participation
		Girls	Boys	03	58
		55	Nil		
10	General remarks	<ul style="list-style-type: none"><li>• The Resource person were passionate to share their views</li><li>• There was a good response to this programme</li></ul>			
11	Enclosures	Circular Report with photos Attendance Sheet			
12	Signature of Incharge/Convener				





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### A Report on "Awareness program on Gynic problems for women"

Health Awareness Program on Gynic problems for women was organized by Women's forum of the EEE Department on 24/08/18 from 10.10 AM to 1.00 PM at Edison Auditorium. Dr.G.Venkateswarlu, HOD , Dept of EEE extended his greetings to Dr. K.Suvarchala, D.G.O Ramachandra Reddy Hospital, Nellore, speaker of this program and introduced the programme to all participants. Dr.K.Suvarchala, discussed Gynic problems for women such as:

- Women can suffer from excruciating pain during their menstrual cycles
- Women Ovarian cysts problems
- Endometriosis problems
- Poly Cyst Ovarian Disease problems
- Urinary Tract Infection problems

After completion of this program every girl students gained knowledge about Gynic problems and their remedies. 55 Girl Students and 3 faculty members attended to this program. We thanked Dr.K.SUVARCHALA, D.G.O., for making this program successful.

**Photos:**



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Mrs.K.SUVARCHALA, D.G.O., Addressing the gathering



Students listening to speech



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**Students listening to speech**

**FACULTY INCHARGE**

**HOD**

**PRINCIPAL**



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## “WOMENS EQUALITY DAY”

1	Name of the Activity/Event	" WOMENS EQUALITY DAY"			
2	Date of Activity/Event	26-08-2018			
3	Organized by/Name of the committee	Department of ECE under Women's Forum			
4	Place of Activity/event	Vishweshwaraya Auditorium, B-Block, NEC Nellore			
5	Resource person/guest/organization	Mrs.A.PRASHANTHI,Senior Assistant ,Roads and Buildings Department ,Nellore			
6	Timings of Event	3:20 PM to 04:30 PM			
7	Type of activity/Event	Seminar			
8	Activity/Event objectives	1. Right to vote for women 2. Achievements of women. 3. Significance of women.			
9	Participation	Students		Faculty	Total Participation
		Girls	Boys	03	76
		73	Nil		
10	General remarks	<ul style="list-style-type: none"><li>• The Resource person were enthusiastic to share their views</li><li>• There was a good response to this programme</li></ul>			
11	Enclosures	1. Circular 2. Report with photos 3. Attendance Sheet			
12	Signature of Incharge/Convener				



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### **A REPORT ON "WOMENS EQUALITY DAY"**

A seminar on "WOMENS EQUALITY DAY" was organized by women's forum of the ECE department on 26-08-18 at Vishweshwaraya Auditorium, B-Block, NEC Nellore. In this session the resource person Mrs.A.PRASHANTHI, Senior Assistant ,Roads and Buildings Department ,Nellore discussed with the students and covered the following topics

- US celebrates this day on August 26th
- The day on which the right to vote is given to the citizens of US on basis of sex
- Significance of women.
- Achievements of women.
- Positive ideas of women
- Independent life of women
- Multitasking nature of women.

All II & III year B.Tech Girls students and lady faculty members attended to the seminar.





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**PHOTOS:**



Mrs.A.PRASHANTHI Addressing the gathering



Gathering listening to the speech



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Felicitation to Mrs.A.PRASHANTHI

FACULTY INCHARGE

HOD

PRINCIPAL



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## “Awareness Program on Importance of Nutrition Food”

1	Name of the Activity/Event	“Awareness Program on Nutrition Food ”			
2	Date of Activity/Event	28/08/18			
3	Organized by/Name of the committee	Department of EEE under Women's Forum.			
4	Place of Activity/event	Edison Auditorium, B-Block, NEC Nellore.			
5	Resource person/guest/organization	Dr.P.Radha, M.B.B.S., Ramachadra Reddy Hospital, Nellore.			
6	Timings of Event	10:00AM to 1:00PM.			
7	Type of activity/Event	Seminar .			
8	Activity/Event objectives	To bring awareness on <ul style="list-style-type: none"><li>• Importance of Nutrition Food.</li><li>• The diet of organism.</li><li>• Causes for Vitamin Deficiency-related diseases.</li></ul>			
9	Participation	Students		Faculty	Total Participation
		Girls	Boys	03	60
		57	Nil		
10	General remarks	<ul style="list-style-type: none"><li>• The Resource person were enthusiastic to share their views.</li><li>• There was a good response to this programme.</li></ul>			
11	Enclosures	1. Circular. 2. Report with photos. 3. Attendance Sheet.			
12	Signature of Incharge/Convener				

## A Report on “Awareness Program on Importance of Nutrition Food”



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Awareness Program on Importance of NUTRITION FOOD was conducted by Women's forum of EEE Department, NECN at Edison AUDITORIUM, Nellore on 28/08/18 from 10:00am to 1:00pm. In this session the Resource person was Dr.P.Radha, M.B.B.S Ramachadra Reddy Hospital, Nellore.

She discussed with the students "Importance of Nutrition Food" and covered the following topics:

- Vegetables are important sources of many nutrients, including potassium, dietary fiber, folate (folic acid), vitamin A, and vitamin C.
- Diets rich in potassium may help to maintain healthy blood pressure.
- Folate (folic acid) helps the body form red blood cells.
- Vitamin A keeps eyes and skin healthy and helps to protect against infections.
- Vitamin C helps heal cuts and wounds and keeps teeth and gums healthy. Vitamin C aids in iron absorption.
- Eating a diet rich in vegetables and fruits as part of an overall healthy diet may reduce risk for heart disease, including heart attack and stroke.

After completion of this programme Students gained knowledge about **Nutrition Food**.Vegetables provide nutrients vital for health and maintenance of your body.57 members of girl students have attended the program. Womens forum incharge M.Suneetha proposed vote of thanks .

**Photos:**





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Dr.P.Radha delivering the speech



Audience Listening to the speech





# *Women's Forum*

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Audience Listening to the speech

**COORDINATOR**

**EEE-HOD**

**PRINCIPAL**

*Awareness Programme on Women's Health & Hygiene*



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## A Report on Awareness Programme on Women's Health & Hygiene

1	Name of the Activity/Event	Awareness Programme on Women's Health & Hygiene			
2	Date of Activity/Event	01-09-2018			
3	Organized by/Name of the committee	Department of MCA under Women's Forum			
4	Place of Activity/event	Kautilya Seminar Hall, C-block, NEC, Nellore			
5	Resource person/guest/organization	Dr. S. Shareena, M.B.B.S, D.G.O.,			
6	Timings of Event	12:00 Noon to 1:00PM			
7	Type of activity/Event	Seminar Activity			
8	Activity/Event objectives	<ol style="list-style-type: none"><li>1. To Create awareness regarding healthy living and providing guidance to live healthy life.</li><li>2. To support women and bring awareness to menstrual and reproductive health through access to education.</li></ol>			
9	Participation	Students		Faculty	Total Participation
		Girls	Boys	03	47
		44	Nil		
10	General remarks	<ul style="list-style-type: none"><li>• There was a good response to this programme, conduct same type of programs for awareness.</li><li>• Students were highly involved and asked many questions to get their doubts clarified.</li></ul>			
11	Enclosures	<ol style="list-style-type: none"><li>1. Circular</li><li>2. Report with photos</li><li>3. Attendance Sheet</li></ol>			
12	Signature of Incharge/Convener				

A seminar on "Awareness Programme on Women's Health & Hygiene" was organized by women's forum of the MCA department on 01-09-2018 at Kautilya Seminar Hall, C-block. Women's forum incharge kokila introduced the resource person Dr. S. Shareena, M.B.B.S, D.G.O., to the gathering. The Resource person Dr. S. Shareena, M.B.B.S, D.G.O., has



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given awareness on Women's Health & Hygiene for all MCA girl students. The following topics were discussed with the students:

- The Doctor focussed on the importance of ladies personal health. It depends upon a level of cleanliness to keep us free from disease, such as skin diseases, respiratory diseases or gastro intestinal diseases.
- However, she gave suggestions on Natural hormonal fluctuations which can lead to depression or anxiety. She explained about some symptoms which occur before and after menstruation cycle like concerns, emotional shifts, sadness, and tiredness.
- Bleeding and discharge are a normal part of the menstrual cycle. Added symptoms during menstruation may indicate health issues, and unusual symptoms, such as bleeding between menstruations and frequent urinating, can mimic other health conditions.

Total 44 girl students and 3 faculty members attended the programme. The students enjoyed the session. Finally, resource person enlightened the healthy living is a combination of many things, including good nutrition, regular exercise and a positive attitude. She quoted that -Taking care of your body and feeling pride in your accomplishments can improve both your physical and mental health.

Mrs. R. Rajani HOD, Department of MCA under women's Forum proposed a Vote of thanks and thanked the chief guest for spending his valuable time in the college.

**Photo gallery:**



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Dr. S. Shareena, speaking to audience



Audience intrestingly listening to the speech



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Audience intrestingly listening to the speech



Felicitating the Resource person Dr. S. Shareena,

**FACULTY INCHARGE**

**HOD**

**PRINCIPAL**





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## "Women Empowerment"

1	Name of the Activity/Event	WOMEN EMPOWERMENT		
2	Date of Activity/Event	25-09-2018		
3	Organized by/Name of the committee	Department of MBA under Women's Forum		
4	Place of Activity/event	MBA Seminar Hall		
5	Resource person/guest/organization	Prof. Suja Sasidhar nair, Professor, Head Department of Business Management, Vikrama Simhapuri University, Nellore		
6	Timings of Event	10.00AM to 12.00Noon		
7	Type of activity/Event	Talk, Activity		
8	Activity/Event objectives	3. To improve awareness on women empowerment 4. To improve women equality		
9	Participation	Students	Faculty	Total Participation
		Girls	02	52
		50		
10	General remarks	• There was a good response to this programme		
11	Enclosures	4. Circular 5. Report with photos 6. Attendance Sheet		
12	Signature of Incharge/Convener			



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## Report on Women Empowerment

*Narayana Engineering College, Nellore department of MBA conducted a seminar on "Women Empowerment" under Women's forum for the Girl students on 25th September 2018. The resource person for the program is Dr. Suja sasidharan Nair, Professor, Head Department of Business Management, Vikrama Simhapuri University, Nellore.*

*The programme was started with a welcome note by Mrs.D.Sumalalitha introduced the resource person Dr. Suja sasidharan Nair, to the gathering.*

*The resource person told that the term "Women Empowerment" refers to empowering women with education, employment, decision making, and better health in view of an equal and just society. Women Empowerment is a process to make the women financially independent, educated and progressive, enjoying a good social status. Women since ages have been struggling to be socially and professionally recognized as equivalent to men. There are many incidents in a woman's personal and professional life, where her abilities are undermined against that of a man's; having an adverse effect on her over all personality and hampering her growth.*

*She also focused on women opportunities and role in the present society, 50 members of girl students have attended the program.*

**PHOTOS:**

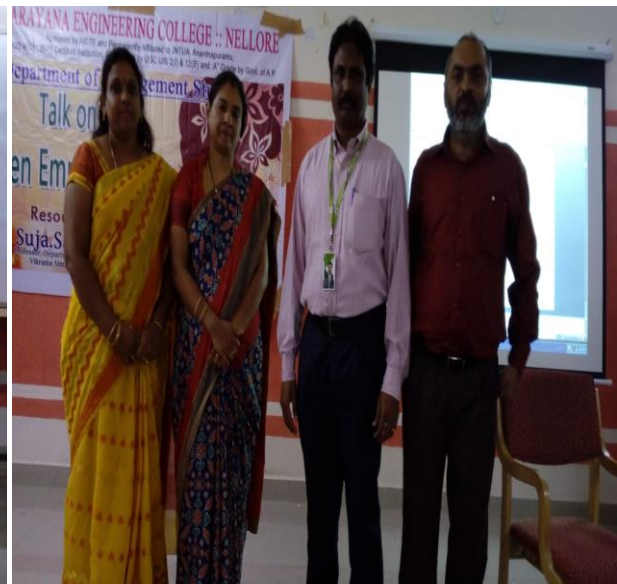


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Resource person delivering the speech



Felicitation to the resource person.

FACULTY

HOD

PRINCIPAL

**Report on "PRECAUTIONARY MEASURES WHILE TRAVELLING"**

*Resource Person: R. Bhuvaneshwari*



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**NARAYANA ENGINEERING COLLEGE :: NELLORE**

Venue : MBA Class room

Date: 04-10-2018

Time: 3:00pm to 05:00pm

Topic: “PRECAUTIONARY MEASURES WHILE TRAVELLING”

No.of.Participants: 40 girls &3 faculty.

*A seminar on “PRECAUTIONARY MEASURES WHILE TRAVELLING” was organized by dept of M.B.A on 4-10-2018 at MBA SEMINAR HALL, C-BLOCK under womens forum Narayana Engineering college,Nellore .*

*The resource person for the programme is R. Bhuvaneshwari. She discussed that “Safety means keeping yourself and others free from harm or danger. It means taking care not to fall or bump or run into things. It also means to avoid accidents by being careful with what you are doing.” Keep your travel plans, including accommodation details, to yourself. Don't hitch hiker. Try not to travel at night. Avoid 'seedier' areas of the cities you visit, especially at night. In her words she also explains what things to be carried while travelling. students are actively involved in the program. Rachel proposed vote of thanks to the resource person.*

**PHOTOS:**



## *Women's Forum*

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*Resourse person for the program is R. Bhuvaneshwari*



*Students listening the seminar*

*INCHARGE*

*HOD*

*PRINCIPAL*





# Women's Forum

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## A SAFETY AWARENESS PROGRAM FOR WOMEN

1	Name of the Activity/Event	A Safety Awareness Program for Women			
2	Date of Activity/Event	06-10-2018			
3	Organized by/Name of the committee	Women's Forum			
4	Place of Activity/event	Kautilya Seminar Hall, C-Block, NEC ,Nellore			
5	Resource person/guest/organization	Mrs. A. Vasantha, Head Constable, Collector Office, Nellore			
6	Type of activity/Event	Gender Equity Program			
7	Activity/Event objectives	<ol style="list-style-type: none"><li>1. To provide safety options and services for women and their children affected by domestic and family violence.</li><li>2. To use knowledge, evidence and innovation to enhance services to women and their children.</li><li>3. To ensure organizational governance complies with relevant legal and contractual obligations.</li></ol>			
8	Participation	Students		Faculty	Total Participation
		Girls	Boys	3	34
		31	Nil		
9	General remarks	<ul style="list-style-type: none"><li>• The program includes action planning with group feedback and problem solving.</li><li>• Activities that are theorized to improve safety behaviors are trained by demonstrating the action.</li></ul>			
10	Suggested Improvements	Similar programs should be conducted in all the departments frequently.			
11	Enclosures	<ol style="list-style-type: none"><li>1. Circular</li><li>2. Report with photos</li><li>3. Attendance Sheet</li></ol>			
12	Signature of Incharge/Convener				
13	Signature of Principal				

**Report:**



## Women's Forum

**NARAYANA ENGINEERING COLLEGE :: NELLORE**

The Resource person Mrs. A. Vasantha, Head Constable has given awareness on A Safety Awareness for Women for all MCA girl students. Resource person focussed on the problems that women face now-a-days.

This program is designed to increase safety awareness, knowledge, skills, self-efficacy, and behaviors as well as increase social support for women with disabilities.

- The program was shown to produce a statistically significant increase among participants' scores on measures of safety planning, safety knowledge, and safety-promoting behaviors, compared with non-participants
- Personal safety has become an issue of importance for everyone, but especially for women
  - ✓ She gave suggestions about that every woman should know about personal safety are the first, and probably most important, component in self-defense awareness.
  - ✓ Take self-defense training. Escaping is always your best option.
  - ✓ It is important to understand that you CAN and SHOULD defend yourself physically.
  - ✓ Never depend on any self-defense tool or weapon to stop an attacker. Trust your body and your wits, which you can always depend on in the event of an attack.

Total 31girl students attended in the programme. The students enjoyed the session. The students were interactively participated in the session.

All the students interacted and got their doubts clarified . Mrs. R. Rajani, HOD Department of MCA, has proposed vote of thanks.



# Women's Forum

**NARAYANA ENGINEERING COLLEGE :: NELLORE**

**PHOTOS:**



**Mrs. A. Vasantha speaking to the audience**



**Mrs. A. Vasantha speaking to the audience**



# Women's Forum

NARAYANA ENGINEERING COLLEGE :: NELLORE



Felicitation to Mrs. A. Vasantha

FACULTY INCHARGE

HOD

PRINCIPAL



# Women's Forum

NARAYANA ENGINEERING COLLEGE :: NELLORE

## AWARENESS PROGRAM ON SOCIAL MEDIA BUGS FOR GIRL STUDENTS

### A Report on

1	Name of the Activity/Event	AWARENESS PROGRAM ON SOCIAL MEDIA BUGS FOR GIRL STUDENTS			
2	Date of Activity/Event	09-10-2018			
3	Organized by/Name of the committee	FED under Women's Forum			
4	Place of Activity/event	Visveswaraya Auditorium, B-Block			
5	Resource person/guest/organization	Mr. N. Koteswara Rao, Head Constable, Nellore			
6	Timings of Event	10:00am to 12:00pm			
7	Type of activity/Event	Protection of girl students			
8	Activity/Event objectives	<ul style="list-style-type: none"><li>To improve awareness in young girls</li><li>To improve and correct our mistakes in our day to day life</li><li>To remove Fears and thoughts</li></ul>			
9	Participation	Students		Faculty	Total Participation
		Girls	Boys	04	101
		97	Nil		
10	General remarks	<ul style="list-style-type: none"><li>There was a good response to this program, conduct same type of programs for awareness in young girls specifically.</li></ul>			
11	Enclosures	Circular Report with photos Attendance Sheet			
12	Signature of Incharge/Convener				

### AWARENESS PROGRAM ON SOCIAL MEDIA BUGS FOR GIRL STUDENTS

Department of FRESHMEN ENGINEERING has organized an "Awareness program on Social Media Bugs" for girl students on October 9<sup>th</sup>, 2018 on behalf of Women's

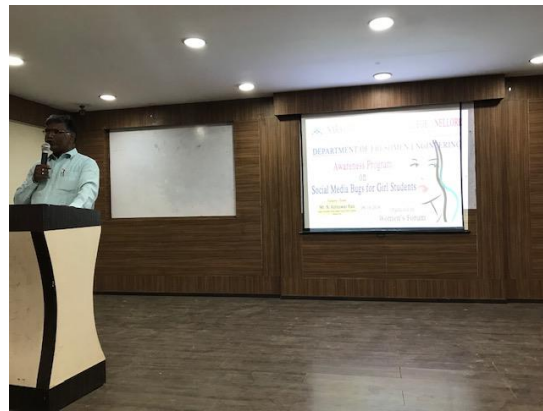




# Women's Forum

**NARAYANA ENGINEERING COLLEGE :: NELLORE**

forum of Narayana Engineering College, Nellore. Womens forum professor incharge Mrs M.Ayasha begum introduced the resource person Mr.N.Koteswar Rao , Head Constable, Nellore , to the gathering.



Mr.N.Koteswar Rao addressing the gathering

The Resource person delivered a speech on Social Media Bugs. Social media has been used globally as a key vehicle for communication. He suggested to the students who make more use of social media, not to misuse it and not become a victim of Social Media. It causes great loss financially as well as mentally. He said that don't reveal the personal information to the unknown people. He warned the students once think about their families.

He motivated girl students that usage of social media in the right way leads to good results and also use the internet for gathering a lot of technical information which is useful in academics.





## *Women's Forum*

**NARAYANA ENGINEERING COLLEGE :: NELLORE**

Audience listening to the speaker

Principal & FED HOD felicitating the guest

Principal Dr G.srinivasulu reddy and FED HOD Dr C. Rajendra felicitated the guest with a shawl. Professor In charge of Women's Forum proposed a Vote of thanks and thanked the resource person for spending his valuable time in the college.

**COORDINATOR**

**HOD**

**PRINCIPAL**



# Women's Forum

NARAYANA ENGINEERING COLLEGE :: NELLORE

## “AWARENESS PROGRAM ON TEENAGE HEALTH ISSUES ”

### Report on "AWARENESS PROGRAM ON TEENAGE HEALTH ISSUES ”

1	Name of the Activity/Event	"AWARENESS PROGRAM ON TEENAGE HEALTH ISSUES "			
2	Date of Activity/Event	11 - 10 - 2018			
3	Organized by/Name of the committee	Department of Civil and Mechanical under Women's Forum			
4	Place of Activity/event	James Watt Seminar Hall, A-Block, NEC Nellore			
5	Resource person/guest/organization	Dr. K. Hymavathi, Sr. Gynecologist			
6	Timings of Event	3:20pm to 05:00pm			
7	Type of activity/Event	Awareness on teenage health problems			
8	Activity/Event objectives	<ul style="list-style-type: none"><li>• Improve Knowledge regarding health</li><li>• improve and correct their daily activities</li><li>• Gained knowledge on cancer etc.</li></ul>			
9	Participation	Students		Faculty	Total Participation
		Girls	Boys	03	53
		50	Nil		
10	General remarks	<ul style="list-style-type: none"><li>• There was a good response to this program, conduct same type of programs for awareness in Teenage health issues</li></ul>			
11	Enclosures	Circular Report with photos Attendance Sheet			
12	Signature of Incharge/Convener				

Awareness program on teenage issues was conducted on 11-10-2018, by Department of Civil and Mechanical under Women's Forum at James Watt Seminar Hall, A-Block, NEC Nellore.



## Women's Forum

**NARAYANA ENGINEERING COLLEGE :: NELLORE**

The chief guest for the program was Dr. Hymavathi (Sr. Gynecologist) spoke about the general health issues faced by girls and also on Gynic issues. She told that prevention is better than cure. she also enlightened on various vaccinations available to fight against pelvic cancer and breast cancer. To avoid health problems healthy food and balanced diet is very essential for teenage girls.

Our aim is to educate the students of our college and make them aware of how to take proper care of their health. These programs are focused towards addressing issues of personal health care, hygiene, and prevention of illness. We believe that awareness on health and environment cleanliness will reduce sickness in the colleges.

### **Need for Menstrual Hygiene -In-case of poor menstrual hygiene:**

- Increased Risk of infection (including sexually transmitted infection) is higher than normal during menstruation (Urinary tract infections UTIs/RTIs) are bacterial infections
- Using unclean rags leads to the growth of unwanted bacteria that could lead to infection
- The risk of passing on blood-borne diseases such as Hepatitis B Virus (HBV), which causes serious liver disease & Human Immune Deficiency Virus (HIV), which causes AIDS.

Women health care camps encourage women to seek medical aid for their reproductive health and well-being. Counseling couples, educating adolescent girls and other informative activities too are undertaken.50 girl students and faculty attended the program.







## *Women's Forum*

**NARAYANA ENGINEERING COLLEGE :: NELLORE**

**Explaining teenage health problems for young Girls**



**Explaining teenage health problems for young Girls**



**Listening to the students feedback on this session**





## *Women's Forum*

**NARAYANA ENGINEERING COLLEGE :: NELLORE**



**Students Listening to the words of Dr. Hymavathi**



**Felicitation of Dr. Hymavathi by Mrs. Ayesha Begum and In-charges**

**Faculty**

**HOD**

**PRINCIPAL**



# Women's Forum

NARAYANA ENGINEERING COLLEGE :: NELLORE

## "International Girl Child Day"

1	Name of the Activity/Event	<b>"International Girl Child Day"</b>			
2	Date of Activity/Event	11/10/18.			
3	Organized by/Name of the committee	Department of EEE under Women's Forum.			
4	Place of Activity/event	Edison Auditorium, B-Block, NEC Nellore.			
5	Resource person/guest/organization	Sri Jakka Seshamma, Advocate,Nellore.			
6	Timings of Event	03:00 PM to 5:00 PM			
7	Type of activity/Event	Motivational Program			
8	Activity/Event objectives	To bring awareness on  1. Women can suffer from Gender Equality 2. Child marriage 3. Women's problems in society			
9	Participation	Students		Faculty	Total Participation
		Girls	Boys	05	
		75	Nil		
10	General remarks	<ul style="list-style-type: none"><li>• The Resource person were enthusiastic to share their views</li><li>• There was a good response to this programme</li></ul>			
11	Enclosures	1. Circular 2. Report with photos 3. Attendance Sheet			
12	Signature of Incharge /Convener				



## *Women's Forum*

**NARAYANA ENGINEERING COLLEGE :: NELLORE**

### **Report on "International Girl Child Day"**

*"Boisterous As Wind, Playful As Balloon, Please Don't Kill the Little Butterfly in Her Cocoon."*

With a view to enhance the awareness of the "INTERNATIONAL GIRL CHILD DAY" a special program was conducted on 11th Oct 2018 by the Department of EEE under WOMENS FORUM, Narayana Engineering college Nellore. Mrs. M. Suneetha introduced the resource person Sri Jakka Seshamma, Advocate, Nellore to the gathering.

she told that the International Day of Girl Child is observed on the 11th October every year. The day aims to highlight and address the needs and challenges a girl faces, while promoting their empowerment and the fulfillment of their human rights.

She highlighted on the importance of educating girl child, giving her the right nutrition and treating her at par with the opposite sex.

She also told that every girl is a precious gift, she is born in the image and likeness of God, equal in dignity as much as a boy.

All participants appreciated the programme. They said that they have realized the importance of international girl child day and got awareness on how to face the challenges in the society. There was an interactive session at the end where the girls raised many doubts and Sri Jakka Seshamma answered all of them. Mrs. M. Suneetha of EEE dept proposed vote of thanks at the end of the programme.

**Photos:**



## *Women's Forum*

**NARAYANA ENGINEERING COLLEGE :: NELLORE**



Sri Jakka Seshamma, Addressing the gathering



Sri Jakka Seshamma, delivering speech



## *Women's Forum*

**NARAYANA ENGINEERING COLLEGE :: NELLORE**



**Audience listening to the speech**

**COORDINATOR**

**EEE-HOD**

**PRINCIPAL**

***"PERSONALITY DEVELOPMENT PROGRAM FROM REXONA  
CONFIDENCE ACADEMY"***





# Women's Forum

NARAYANA ENGINEERING COLLEGE :: NELLORE

1	Name of the Activity/Event	" PERSONALITY DEVELOPMENT PROGRAM FROM REXONA CONFIDENCE ACADEMY"			
2	Date of Activity/Event	23-10-2018			
3	Organized by/Name of the committee	Department of CSE under Women's Forum			
4	Place of Activity/event	CSE SEMINAR Hall, A-Block, NEC Nellore			
5	Resource person/guest/organization	Miss P. Sandhya , HR, Rexona Confidence Academy			
6	Timings of Event	3:20pm to 04:30pm			
7	Type of activity/Event	Seminar			
8	Activity/Event objectives	1.Taking control of your self-confidence. 2.Groom yourself. 3.Dress nicely.			
9	Participation	Students		Faculty	Total Participation
		Girls	Boys	03	60
		57	Nil		
10	General remarks	<ul style="list-style-type: none"><li>• The Resource person were enthusiastic to share their views</li><li>• There was a good response to this programme</li></ul>			
11	Enclosures	Circular Report with photos Attendance Sheet			
12	Signature of Incharge/Convener				



## Women's Forum

NARAYANA ENGINEERING COLLEGE :: NELLORE

### *A Report on "PERSONALITY DEVELOPMENT PROGRAM FROM REXONA CONFIDENCE ACADEMY"*

Department of Computer science Engineering organized a seminar on "confidence on the skills" under women's forum for students of C.S.E on 23<sup>rd</sup> October 2018 at CSE SEMINAR HALL,A-BLOCK. The programme was sponsored by "REXONA CONFIDENCE ACADEMY". In this session the resource person was P. Sandhya , HR, Rexona Confidence Academy .

She discussed with the students " How to improve the confidence" and also covered the following points

- Taking control of your **self-confidence**. If you are low in **self-confidence**, is it possible to do things that will change that? ...
- Groom yourself. ...
- Dress nicely. ...
- Photoshop your self-image. ...
- Think positive. ...
- Kill negative thoughts. ...
- Get to know yourself. ...
- Act positive.

All IV B.Tech Girls students and lady faculty members attended to the seminar.

**Photos:**



# Women's Forum

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P. Sandhya , HR, Rexona Confidence Academy



Students listening to the seminar



# Women's Forum

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Distribution of Rexona kits to the Students



Distribution of Rexona kits to the Students

FACULTY INCHARGE

HOD.CSE

PRINCIPAL

A Report On "Training class for Self Protection for women"





## Women's Forum

NARAYANA ENGINEERING COLLEGE :: NELLORE

A Training Programme on Self Protection for women was conducted by Department of MBA under women's forum on 05-11-2018 at JAMES WATT seminar hall. Sd .Abidha Sulthana, Karate trainer gave the training for girl students. 50 girl students actively participated in the class.

### PHOTOS



**Students attending the class**





## *Women's Forum*

**NARAYANA ENGINEERING COLLEGE :: NELLORE**



**Students are Practicing the Karate**

**WORLD CANCER AWARENESS DAY**



# Women's Forum

**NARAYANA ENGINEERING COLLEGE :: NELLORE**

1	Name of the Activity/Event	Awareness Program On WORLD CANCER AWARENESS DAY		
2	Date of Activity/Event	6/11/2018		
3	Organized by/Name of the committee	Women's Forum		
4	Place of Activity/event	C Block Auditorium, NEC Nellore		
5	Resource person/guest/organization	Dr. K. Hymavathi, Obstetrician & Gynecologist, Narayana Medical College, Nellore		
6	Type of activity/Event	Gender Equity Program		
7	Activity/Event objectives	Health awareness program		
8	Participation	Students	Faculty	Total Participation
		Girls	7	225
		218		
9	General remarks	<ul style="list-style-type: none"> <li>• There was a good response to this programme from students</li> <li>• Many doubts from the students are clarified</li> </ul>		
10	Suggested Improvements	Similar programs should be conducted in all the departments frequently.		
11	Enclosures	Circular Report with photos Attendance Sheet		
12	Signature of Incharge/Convener			

**A REPORT ON WORLD CANCER AWARENESS DAY**



## *Women's Forum*

**NARAYANA ENGINEERING COLLEGE :: NELLORE**

Department of EIE has organized an awareness program on “**WORLD CANCER AWARENESS DAY**” on 6/11/2018 at C Block Auditorium, NEC Nellore on behalf of women's forum of Narayana Engineering College, Nellore. Ms C.V.P.Supra Deepthi ,Women's Forum Incharge og EIE introduced the resource person Dr. K. Hymavathi, Obstetrician & Gynecologist, Narayana Medical College, Nellore to the gathering.

Dr. K. Hymavathi told that on November 6<sup>th</sup>, people across the globe will be celebrating World Cancer Awareness Day in order to raise awareness of the millions of people worldwide who face unequal access to cancer detection, treatment, and care services. This disease has recently been recognized by The World Health Organization (WHO) as the leading cause of global morbidity.

She also told that currently there is a serious push for urgent action to reduce the rate of premature cancer deaths on a global scale, health professionals and supporters across the world call for diagnostic and treatment access to be prioritized.

She also explained various ways for prevention of cancer and identifying various types of cancer in early stages which is a tough job. Staff and students from various departments have attended the event. She also clarified many of the doubts from the students.

218 girl students and Staff have participated in the program.Ms C.V.P.Supra Deepthi proposed vote of thanks.

**Photos:**



# Women's Forum

NARAYANA ENGINEERING COLLEGE :: NELLORE



Dr. K. Hymavathi delivering the speech

